

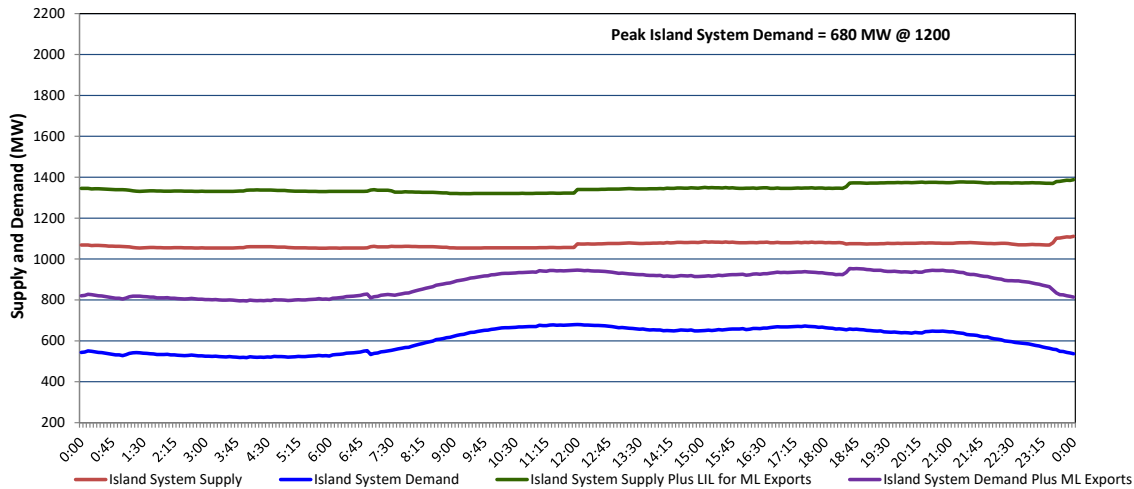
Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Monday, August 24, 2026

Section 1

Island Interconnected System - Supply, Demand & Exports

Actual 24 Hour System Performance For Saturday, August 22, 2026



Island Supply Notes For August 22, 2026

- A As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- B As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- D As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
- E As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- F As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
- G As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
- H As of 0820 hours, August 03, 2026, Hardwoods Gas Turbine unavailable due to planned outage (50 MW).
- I As of 1003 hours, August 09, 2026, Cat Arm Unit 1 unavailable due to planned outage (67 MW).
- J As of 1159 hours, August 20, 2026, Cat Arm Unit 2 unavailable due to planned outage 57 MW (67 MW).
- K At 2333 hours, August 22, 2026, Labrador Island Link available at full capacity (900 MW).

Section 2

Island Interconnected System - Supply, Demand & Outlook

Sun, Aug 23, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴ NLH Island Generation: ^{3,7,10} NLH Island Power Purchases: ⁵ NP and CBPP Owned Generation: LIL Net Imports to Island: ⁹	1,090 MW 790 MW 75 MW 195 MW 30 MW	Sunday, August 23, 2026	730	680
		Monday, August 24, 2026	775	725
		Tuesday, August 25, 2026	805	755
		Wednesday, August 26, 2026	785	735
		Thursday, August 27, 2026	775	725
		Friday, August 28, 2026	750	700
		Saturday, August 29, 2026	745	695
7-Day Island Peak Demand Forecast:	805 MW			

Island Supply Notes For August 23, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
 10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Sat, Aug 22, 2026	Island Peak Demand ¹¹	12:00	680 MW
	Exports at Peak		266 MW
	LIL Net Imports to Island		495 MWh
Sun, Aug 23, 2026	Forecast Island Peak Demand		730 MW

- Notes:
11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).